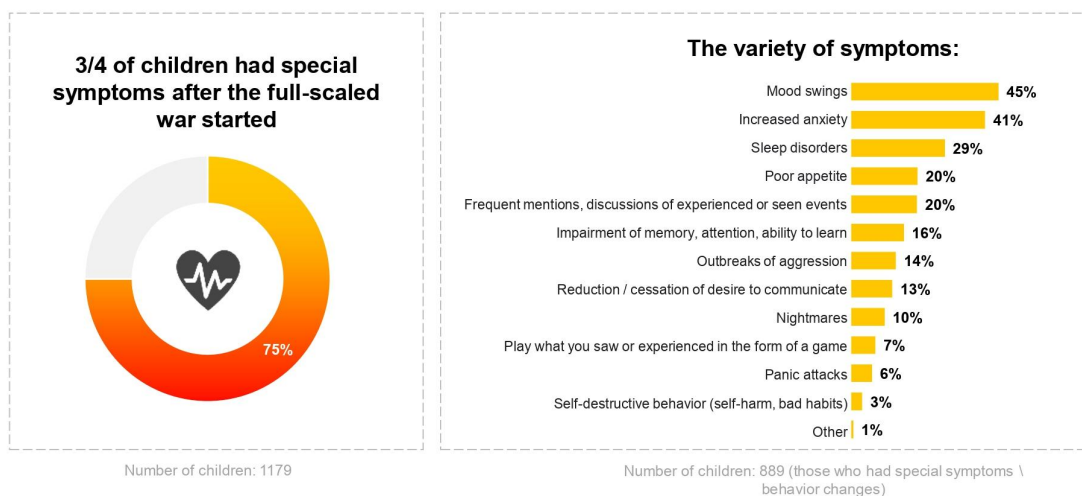


How the war changed the lives of Ukrainian children — poll

75% of Ukrainian parents say that their children show symptoms of mental trauma. The most common one is the so-called “emotional swing”. Also, one in five children has a sleep disorder, one in ten has a reduced desire to communicate, nightmares and memory loss. This is data from the new Gradus Research survey among 784 Ukrainian citizens aged 18-64 who have children under 18 years.

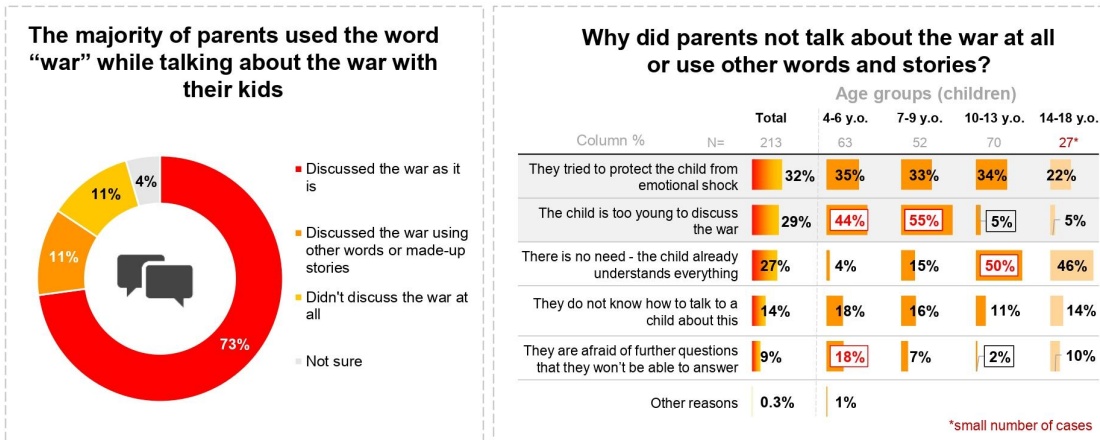
HEALTH STATUS: SPECIAL SYMPTOMS



The survey has been conducted by the research company Gradus Research with the method of self-filling of the questionnaire in the mobile application. Online panel of Gradus displays the population structure of cities with more than 50,000 inhabitants aged 18-60 by sex, age, size of the city and region. Field period: April 26-27, 2022. Sample size: 784 respondents (parents); 1179 (children).

Psychologists recommend talking to children about war, giving names to things and discussing the causes of actions. Two-thirds of parents had a direct conversation with their child about the war. The rest consider their children either too young for such a conversation (more often it applies to children under 9 years old) or already adults, understanding everything themselves (this often applies to children over 14 years old).

TALKING TO CHILDREN ABOUT THE WAR



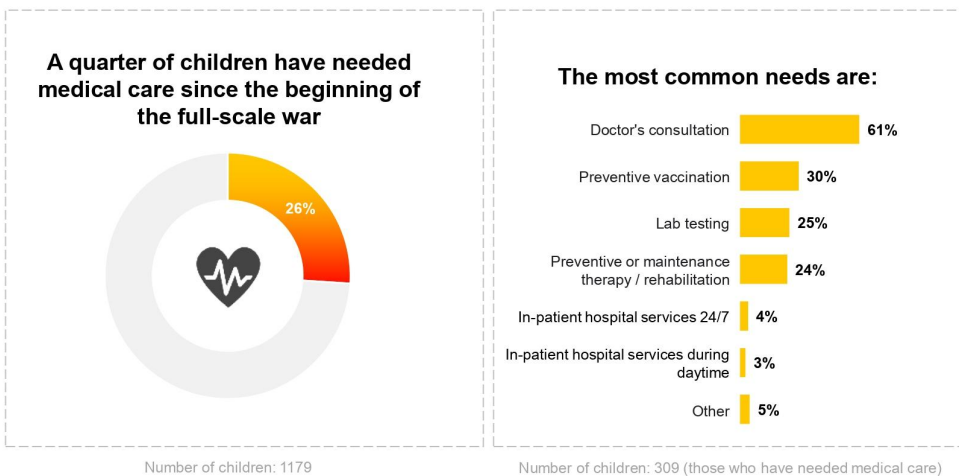
Number of children aged 4-18 y.o.: 939
 Number of children whose parents have not discussed the war with them or discussed the war using other words (by age): 213

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“75% of children having post-traumatic stress disorder — it’s a very high rate. There are far fewer children who have actually experienced hostilities. However, children are most sensitive to the condition of important adults around them. Stressed parents or grandparents have the same impact on a child’s deteriorating psychological condition as events in the country. So, as they say in airplanes, you should first put on a protective mask on yourself, and then on the child,” — founder and CEO of Gradus Research Eugeniya Blyznyuk says.

A quarter of children needed medical care during the war. 40% of them could not get it — due to lack of relevant medical specialists or hospitals nearby. Lack of psychological support is among the top needs identified by Ukrainian parents. But 79% of respondents said they did not have something that children desperately needed and could not get.

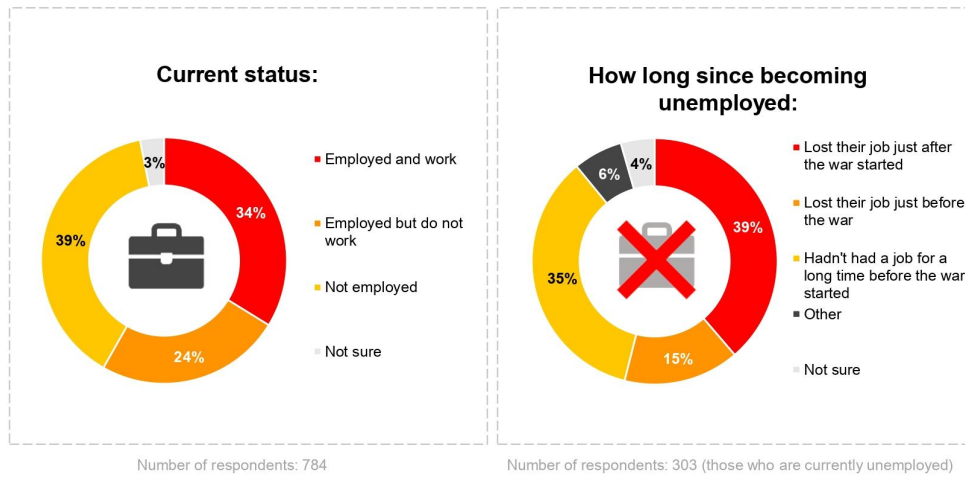
MEDICAL SERVICES



The survey has been conducted by the research company Gradus Research with the method of self-filling of the questionnaire in the mobile application. Online panel of Gradus displays the population structure of cities with more than 50,000 inhabitants aged 18-60 by sex, age, size of the city and region. Field period: April 26-27, 2022. Sample size: 784 respondents (parents); 1179 (children).

The vast majority of Ukrainians of school age continue to study distantly, but 66% of respondents said that the quality of the educational process has deteriorated significantly. The establishment of the educational process is the greatest need of Ukrainian children, their parents believe. It's followed by the need for clothing/footwear and for school accessories.

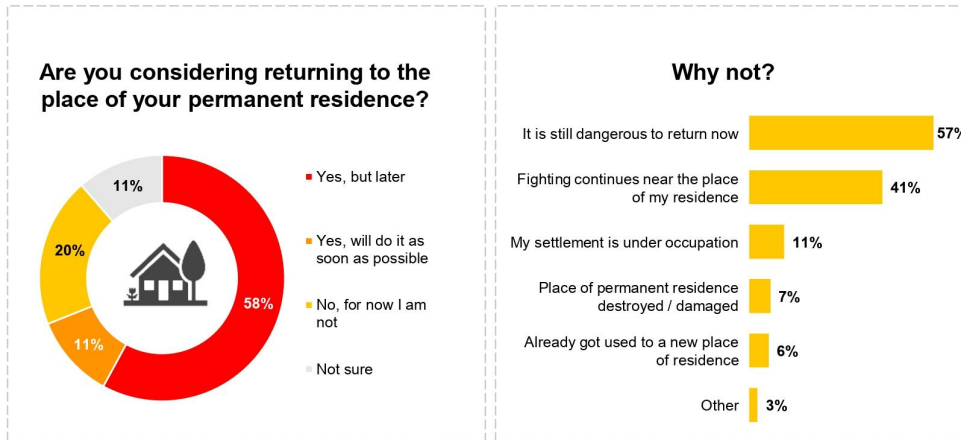
EMPLOYMENT STATUS



The survey has been conducted by the research company Gradus Research with the method of self-filling of the questionnaire in the mobile application. Online panel of Gradus displays the population structure of cities with more than 50,000 inhabitants aged 18-60 by sex, age, size of the city and region. Field period: April 26-27, 2022. Sample size: 784 respondents (parents); 1179 (children).

More than half of the respondents were not working at the moment, and family income has decreased. 55% of the respondents stayed in the place of permanent residence, but the figure varies significantly by region: in the West, 77% stayed at home, while in the East — only 25% of respondents. According to UNICEF, half of the 7.5 million Ukrainian children have been forced to relocate, and 2 million have left Ukraine. It's the largest mass displacement of minors since World War II.

RETURNING TO THE PLACE OF PERMANENT RESIDENCE



Number of respondents: 248 (those who left their place of residence and have not returned yet)

Number of respondents: 193 (those who left their place of residence and have not returned yet)

The survey has been conducted by the research company Gradus Research with the method of self-filling of the questionnaire in the mobile application. Online panel of Gradus displays the population structure of cities with more than 50,000 inhabitants aged 18-60 by sex, age, size of the city and region. Field period: April 26-27, 2022. Sample size: 784 respondents (parents); 1179 (children).

Children have always been at the heart of the efforts and hopes of Ukrainians. A better life for them is one of the main motivators, helping Ukrainians to endure all crises and build their future. This is data from the Gradus Research survey in the summer of 2021, on the 30th anniversary of Ukraine’s independence. However, the war radically changed the context of research. Gradus Research presented the results of the children in war survey at the workshop “Protecting Children in Urban Conflict in Ukraine”, organized by Save the Children UK.

More data from this poll is here

https://gradus.app/documents/211/Children_Report_Gradus_28042022.pdf.

The survey was conducted by Gradus using a nationally representative sample of 784 Ukrainian adult citizens (1,179 Ukrainian children covered). Method — self-administered questionnaire in the mobile application. The sample was weighted according to gender, age, region, settlement size for 18-60 y.o. Ukrainians living in towns with population 50K and more. Date of the poll — April 26-27, 2022.